

Carson City Mental Health Resources

State, Local, Non-Profits, Private

- **988 Suicide & Crisis Lifeline** Call or Text 988 <https://988lifeline.org/>
 - **The 988 Suicide & Crisis Lifeline provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. The Lifeline is comprised of a national network of over 200 local crisis centers, combining custom local care and resources with national standards and best practices.**
- **Nevada-Department of Public and Behavioral Health** www.dpbh.nv.gov/programs/bh-wellness-and-prevention-bbhwp/
 - The Substance Abuse Prevention & Treatment Agency (SAPTA) administers programs and activities that provide community-based prevention and treatment.
 - **Substance Abuse Help Line:** 1-775-825-4357 or toll free 1-800-450-9530
 - **Behavioral Health Services Planning Call or text 988** or chat through 988lifeline.org/
 - **Rural Counseling and Supportive Services (RCSS)** Location:
 - Carson City - Carson Rural Counseling & Supportive Services (775) 687-0870
 - 1665 Old Hot Springs Rd., Ste. 150, Carson City, NV, 89706
- **Northern Nevada Adult Mental Health**
 - www.dpbh.nv.gov/programs/community-services/clinical-court-partnership-programs-home/location/northern-nevada-adult-mental-health-services-location/
 - 480 Galletti Way, Sparks, NV 89431 (775) 688-2001
 - The only public psychiatric hospital serving Northern Nevada, Dini-Townsend Hospital offers acute crisis stabilization on the Rapid Stabilization Unit. This unit has 10 beds. An additional 20 beds are open for acute medical stabilization for individuals who need more intensive therapy. This unit has an average length of stay of about 14 days.
 - **24-hour Public Health Emergency Contact:** (775) 684-5920
- **NAMI National Alliance on Mental Health** www.nami.org
 - **Education classes:** Basics OnDemand, Family-to-Family, Homefront, Peer to Peer, Provider
 - **Presentations:** Ending the Silence, Family & Friends, In Own Voice, Sharing Hope, Compartiendo Esperanza, Sharing your story with Law Enforcement
 - **Outreach, Advocacy & Wellness:** Hearts & Minds, Smarts for Advocacy, Fait Net
 - **Support Groups:** Connection, Family Support Group, Los Grupos De Apoyo
- **NAMI Western Nevada** namiwesternnevada.org
 - **Nevada Teen Text Line** stigma-free, non-crisis peer support text service for adolescents and young adults ages 24 years and younger. Youth can text in at 775-296-8336 namiwesternnevada.org/resources/nevada-teen-peer-support-text-line
 - **Nevada Warmline:** stigma-free, non-crisis peer support phone service 775-241-4212. namiwesternnevada.org/warmline
 - **Support Groups:** namiwesternnevada.org/support-and-education/support-groups
- **Nevada 2-1-1**
 - Local callers **dial 211** or text your Zip Code to 898211 / National callers: 1-866-535-5654
 - A service committed to helping Nevada's citizens connect with the services they need. Housing & Shelter; Transportation; Food Services; Healthcare / Mental Health; Substance Abuse; Children's Services; Senior Services; Utility Assistance
- **Carson City Sheriff's Office**
 - www.carsoncity.gov/government/departments-g-z/sheriff-s-office
 - **MOST Team** - helps Carson City residence and visitors experiencing mental health crisis, substance abuse or suicidal crisis. MOST specializes in connecting individuals in crisis with

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available community resources. A co-responder team consisting of a licensed clinical social worker and a behavioral health peace officer.

- **Carson City Justice Court's Mental Health Court**
 - www.carsoncity.gov/government/departments-a-f/courts/specialty-courts
 - Multi-disciplinary partnership providing mental health services to eligible defendants.
- **Carson City Juvenile Services**
 - www.carsoncity.gov/government/departments-g-z/juvenile-services/programs-services
 - **Co-Occurring Groups** This program is for juveniles with co-occurring disorders. The groups offer a support network for individuals who suffer from mental illness as well as addiction issues. In facilities that emphasize treatment for co-occurring disorders, staff members have specialized training and qualifications in dual diagnosis treatment.
 - **Mental Health Diversion Program** This program offers eligible offenders a treatment option through diversion. The mission of the Mental Health Diversion Program is to identify mentally impaired offenders and divert them from the Juvenile Justice System and into appropriate rehabilitative alternatives with trained mental health clinicians.
- **Carson Tahoe Behavioral Health** www.carsontahoe.com/behavioral-health-services.html
 - **Services available through BHS include:** Individual and Group Counseling; Medical model detox services; Inpatient and Outpatient Psychiatric Services; Psychological testing; Dialectical Behavioral Therapy (DBT); Substance abuse treatment, including 14 day Addictive Disorders rehabilitation; Support groups.
 - **Behavioral Health Outreach Programs:** Assertive Community Treatment (ACT); First Episode Psychosis (FEP); School Suicide Risk Assessment; Community education around mental health awareness and suicide.
 - **Referrals & Assessments**
- **Mallory Behavioral Health Crisis Center**
 - www.carsontahoe.com/mallory-behavioral-health-crisis-center.html
 - Provides 24-hour help to those suffering from a mental health or substance use emergency. Working closely with state and local mental health agencies, and in conjunction with local law enforcement and emergency responders, serving an at-risk population by providing immediate access to critical care.
- **Advocates to End Domestic Violence** www.aedv.org
 - **Individual Counseling:** Survivors of domestic or sexual violence can benefit greatly from counseling throughout the healing process.
 - **Support Groups:** Support groups offer survivors a nurturing, open space to share experiences and triumphs. A facilitator helps participants overcome trauma and move toward a place of healing and growth.
- **Friends in Service Helping FISH** www.nvfish.com
 - **Instruction & Resources** - Gain access to job trainings, mental health resources, life skill development, and more.
- **Renown Health** renown.org
 - **Behavioral Health**, personalized care for mental health and substance abuse, including one-on-one, couples, family, and group therapy, plus medication treatments.
- **Ron Wood Family Resource Center** carson-family.org
 - **Forensic Assessment Services Triage Team:** FASTT connects individuals with mental health disorders coupled by substance abuse to professional counseling and support systems after incarceration.

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- **Counseling:** Ron Wood Counseling Center Services will be available to youth ages 5 – 18 years of age and their families.
- **Clinical and Psycho-Educational services** will be provided by LCSW Interns under the supervision of a Licensed Clinical Social Work Supervisor.
- **Youth Counseling Center**

Private

- **Battle Born Counseling** www.battleborncounseling.com
 - Helping people live a healthier and more productive life while reducing substance use disorders in our community.
- **CBA Healthcare, LLC** cbahealthcarereno.com
 - Counseling; Health Care: Behavioral Health Clinic; Behavioral Health Support; Mental Health
- **Community Counseling Center** www.cccofcarsoncity.org
 - a Certified Community Behavioral Health Center also known as a CCBHC which is designed as a person-centered, comprehensive approach to client and family care.
- **Great Basin Behavioral Health** greatbasinbehavioral.com
 - Counseling; Health Care; Health Care/Behavioral Health Clinic; Health Care/Mental Health
- **Healing Minds** healingminds.com
 - Counseling; Health Care; Health Care/Behavioral Health Clinic; Health Care/Mental Health
- **Higher Dimensions of Healing, LLC** www.higherdimensionsofhealing.com
 - Counseling; Health Care: Behavioral Health Clinic; Behavioral Health Support; Mental Health (Ketamine Clinic: Depression, Anxiety, PTSD) Spravato, IV, Lozenges, VA Approved
- **Memor Health** memorhealth.com
 - Counseling; Health Care; Health Care/Behavioral Health Clinic; Health Care/Mental Health
- **Nevada Autism Center** nevadaautism.com
 - Counseling; Health Care: Mental Health
- **Quest Counseling & Consulting Inc.** www.questreno.com
 - Counseling; Health Care/Mental Health, Health Care/Rehabilitation. A full service behavioral health, mental health, and rehabilitation outpatient facility.
- **Reno Counseling Collective** www.renocounselingcollective.com
 - Counseling; Health Care; Health Care/Mental Health
- **Rising Star LLC 775-688-9350**
 - Counseling; Health Care; Behavioral Health Support; Mental Health
- **Tahoe Family Solutions** tahoefamily.org
 - Non-Profit Organization, Thrift Store, Counseling, Education, Mental Health.
- **The Empowerment Center** www.tntcreno.com
 - Counseling, Health Care, Health Care/Mental Health
- **Vitality Integrated Program** vitalityunlimited.org
 - Certified community behavioral health clinic
 - We offer clinical, outpatient, and inpatient services as well as connections to transitional housing and Veterans housing.
- **Zephyr Wellness** zephyrwellness.org
 - Mental Health Counseling Agency - Outpatient. Counseling; Health Care; Health Care/Mental Health
- Several religious organizations in the area also provide counseling.